

The image shows the interior of a modern restaurant or cafe. In the foreground, a large wooden table is set with plates, glasses, and a bowl of oranges. Several wooden chairs with light-colored upholstered seats are arranged around the table. In the background, there are more tables and chairs, and a display case filled with various breads. Three large, black and white striped pendant lights hang from the ceiling. The overall atmosphere is warm and contemporary.

C A A R A

INDORE

CAARA

CAARA's first home in Indore, sits at the very top of The Edit, a thoughtfully curated space where retail, hospitality, art & design come together under one roof. Flushed by natural light and a beautiful open bakery kitchen, the café invites you to slow down and savour the rhythm of the day - whether it's the smell of freshly baked croissants in the morning, a relaxed lunch with friends or an evening of good food accompanied by soft jazz, as the sun sets.

Much like our cafés in New Delhi and Kolkata, the ethos remains the same: a focus on quality ingredients, seasonal produce and dishes that are simple, honest and deeply satisfying.

Our menu boasts an indulgent breakfast menu where mornings might begin with fluffy cacio e pepe truffle-scented scrambled eggs, stacks of ricotta pancakes served with honeycomb butter, or a perfectly baked croissant alongside a cup of our 100% Arabica single estate coffee blend. If you're on the go, grab a hot focaccia sandwich and a matcha latte.

For something sweet, our espresso basque cheesecake, made with our own CAARA coffee blend and the hot skillet cookie, served straight from the oven, are pure indulgence.

Alongside the café, you'll also find our 12 seater chef's table for private bookings with curated sit down menus. The CAARA Shop is where you can stock up on our breads, sauces, pastas, cakes and kitchen essentials. Making life easy and the fridge a little more exciting to open. If you'd like to pre-order hampers, send gifts of cheese boards or cakes, please ask your server for more details.

With our bakery at the heart of the space and a kitchen always in motion, CAARA, Indore has been designed to feel like your neighbourhood cafe, a place for the community to gather, eat well and take a little bit of CAARA home with you.

We only use 100 % natural, antibiotic & hormone free eggs.
Visit www.caara.com for more information.

As much as possible we try and work with local food producers and when required source the best ingredients globally.

OPENING HOURS

MONDAY TO SUNDAY

9:00 AM TO 11:00 PM

9:00 AM - 01:00 PM BREAKFAST

12:00 PM TO 11:00 PM : LUNCH & SUPPER

CAARA

Our gluten-free bakery items are produced with utmost care in our kitchen which also handles production of food products with allergens such as gluten, nuts, soya & eggs.

Where specified, refined sugar has been replaced with alternative sweeteners.

Our menu contains the following allergens:

Tree Nuts | Dairy | Sesame | Eggs | Fish | Gluten | Mustard
Groundnut | Soybean | Sulphite | Crustacean

Please use the information below to help you read through our menu.



Gluten Free



Vegan



Dairy Free



Nut Free



Egg Free



Shop Basket



Vegetarian

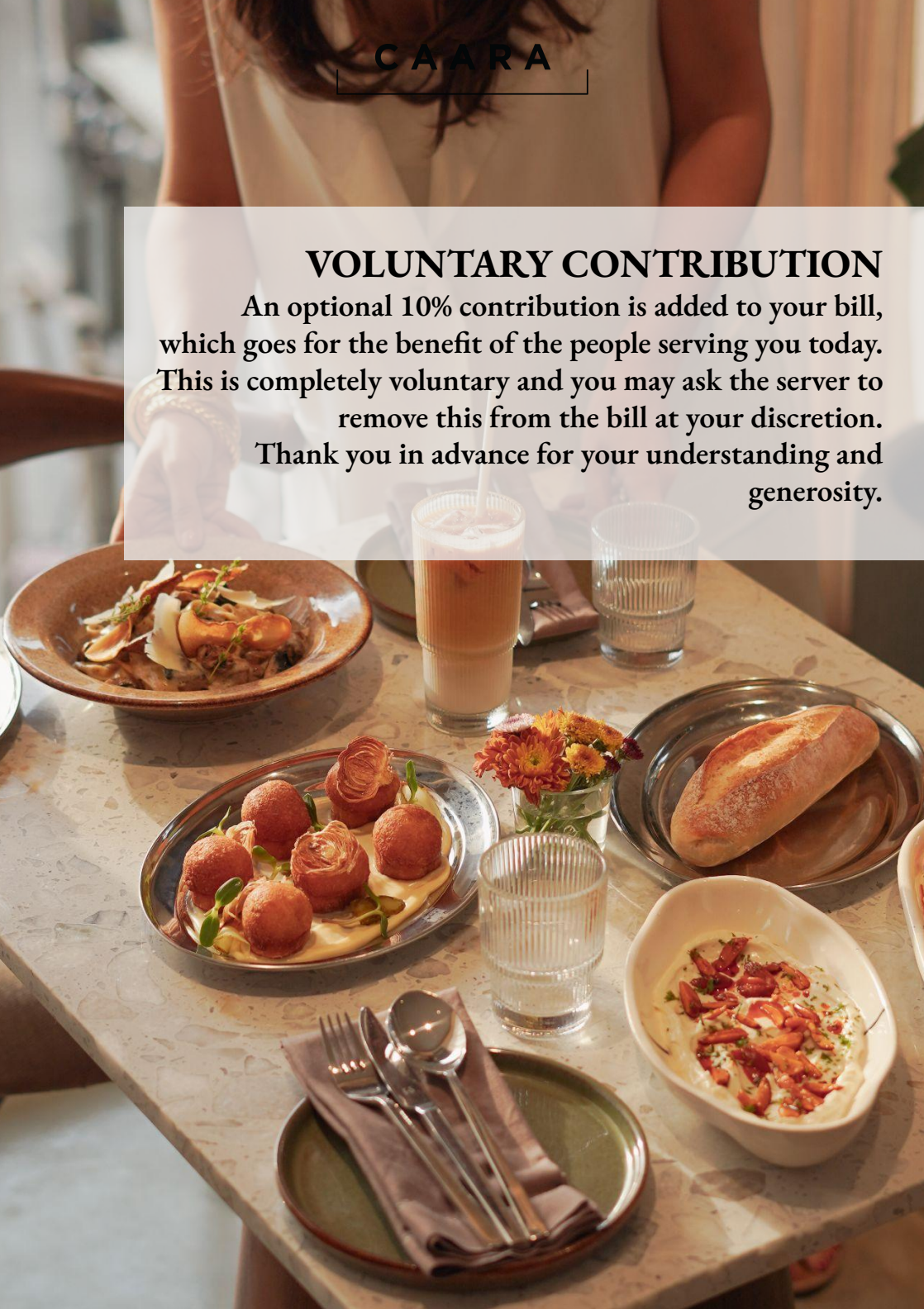


Meat, Fish & Eggs

CAARA

VOLUNTARY CONTRIBUTION

An optional 10% contribution is added to your bill, which goes for the benefit of the people serving you today. This is completely voluntary and you may ask the server to remove this from the bill at your discretion. Thank you in advance for your understanding and generosity.



BREAKFAST



BREAKFAST

CAARA Butter Croissant

Serving size 60g | Calories 225 | Allergens - milk, gluten



Rs. 180

Chocolate & Almond Croissant

Belgium dark chocolate , toasted flaked almonds

Serving size 75g | Calories 300 | Allergens - milk, gluten



Rs. 190

CAARA Butter Croissant & Coffee

Please select a coffee of your choice from our coffee menu

Calories 367 | Allergens - milk, gluten



Rs. 425

Gluten Free Berry & Banana Smoothie Bowl

 **CAARA Wheat Free Granola**, greek yoghurt, banana & seasonal berries

Serving size 200g | Calories 447 | Allergens - milk, tree nuts



Rs. 525

CAARA Basil Pesto & Tomato Mozzarella Croissant

Served with house salad

Serving size 250g | Calories 718 | Allergens - milk, gluten, tree nuts



Rs. 475

CAARA Sourdough Chocolate Tartine

Artisanal Cultured butter, dark chocolates flakes, maldon sea salt

Serving size 150g | Calories 610 | Allergens - milk, gluten, soybean



Rs. 475

Smashed Chilli & Avocado Toast

 **CAARA Multigrain Flemish Bread**, lime, sesame seeds & extra virgin olive oil

Serving size 300g | Calories 520 | Allergens - gluten, soybean, sesame



Rs. 715

German Bratwurst Pork Sausage Roll

Flaky pillow pastry, gruyère, grainy mustard & house salad

Serving size 203g | Calories 507 | Allergens - milk, gluten, eggs, sulphite



Rs. 400

Fluffy Ricotta Pancakes with Honeycomb Butter

Caramelized banana, maple syrup, fresh blueberry, fresh mint

Serving size 230g | Calories 672 | Allergens - milk, gluten, eggs, tree nuts, soybean



Rs. 535

CAARA Hazel - Coco Waffles

Hazel coco spread & dusted coco

Serving size 160g | Calories 512 | Allergens - milk, eggs, gluten, soybean, tree nuts



Rs. 535

Green Shakshuka Baked Eggs

Baked organic eggs with garlic, spinach, kale, goat cheese &  CAARA Basil Pesto

Serving size 250g | Calories 446 | Allergens - milk, gluten, eggs, tree nuts



Rs. 535

Cinnamon Brioche French Toast with Honeycomb Butter

Date & honey drizzle, seasonal berries, whipped cream, caramelized banana

Serving size 350g | Calories 846 | Allergens - milk, eggs, gluten, soybean



Rs. 550

BREAKFAST

Turkish Fried Eggs with Herbed Greek Yogurt

Rs. 550

 **CAARA** Aglio E Olio drizzle, freshly baked garlic sourdough, fresh herb salad

Serving size 275g | Calories 682 | Allergens – milk, eggs, gluten



Spanish Baked Eggs with Chorizo

Rs. 595

Smashed baby potatoes, roasted red peppers, crumbled ricotta, fresh herbs

Serving size 350g | Calories 690 | Allergens - milk, eggs



Eggs Florentine

Rs. 495

Organic poached eggs on toasted muffins with wilted spinach & classic hollandaise, young pommes noisette & house salad

Serving size 250g | Calories 521 | Allergens - milk, gluten, eggs, sulphite



Fluffy White Omelette with Chia, Spinach & Parmesan

Rs. 535

Served with young pommes noisette & house salad

Serving size 220g | Calories 326 | Allergens - milk, eggs, tree nut



Truffle Cacio E Pepe Scrambled Eggs

Rs. 535

CAARA multigrain bread, parmesan snow, mustard cress

Serving size 160g | Calories 407 | Allergens - milk, eggs, gluten



Scrambled Egg with CAARA Basil Pesto

Rs. 535

Toasted sourdough, confit tomato, goat cheese crumble

Serving size 160g | Calories 381 | Allergens - milk, eggs, gluten, tree nut



Ham & Cheese Omelette

Rs. 625

Served with young pommes noisette & house salad

Serving size 220g | Calories 440 | Allergens - milk, eggs, tree nut



Eggs Benedict

Rs. 625

Organic poached eggs on toasted muffins with pork ham & classic hollandaise, young pommes noisette & house salad

Serving size 125g | Calories 330 | Allergens - milk, gluten, eggs, sulphite



The English in India

Rs. 715

Eggs your style with the choice of pork or chicken sausages, crispy bacon, Ambika's spiced baked beans, young pommes noisette & fresh salad,

thyme & garlic sauteed mushrooms, roasted pesto & mozzarella tomatoes

Serving size 280g | Calories 513 | Allergens - milk, gluten, eggs, sulphite



Customize Your Eggs

Rs. 60

Cheese | mushrooms | chilli | onion | tomato | coriander | peppers

We can substitute all breads with our gluten free bread. We only use 100% natural, antibiotic & hormone free eggs.

ALL DAY BREAKFAST

CAARA Butter Croissant

Serving size 60g | Calories 225 | Allergens - milk, gluten



Rs. 180

Chocolate & Almond Croissant

Belgium dark chocolate , toasted flaked almonds

Serving size 75g | Calories 300 | Allergens - milk, gluten



Rs. 190

CAARA Butter Croissant & Coffee

Please select a coffee of your choice from our coffee menu

Calories 367 | Allergens - milk, gluten



Rs. 425

Gluten Free Berry & Banana Smoothie Bowl

 **CAARA Wheat Free Granola**, greek yoghurt, banana & seasonal berries

Serving size 200g | Calories 447 | Allergens - milk, tree nuts



Rs. 525

CAARA Sourdough Chocolate Tartine

Artisanal cultured butter, dark chocolates flakes, maldon sea salt

Serving size 150g | Calories 610 | Allergens - milk, gluten, soybean



Rs. 475

Smashed Chilli & Avocado Toast

 **CAARA Multigrain Flemish Bread**, lime, sesame seeds & extra virgin olive oil

Serving size 300g | Calories 520 | Allergens - gluten, soybean, sesame



Rs. 715

Green Shakshuka Baked Eggs

Baked organic eggs with garlic, spinach, kale, goat cheese &  CAARA Basil Pesto

Serving size 250g | Calories 446 | Allergens - milk, gluten, eggs, tree nuts



Rs. 535

Scrambled Egg with CAARA Basil Pesto

Toasted sourdough, confit tomato, goat cheese crumble

Serving size 160g | Calories 381 | Allergens - milk, eggs, gluten, tree nut



Rs. 535

Cinnamon Brioche French Toast with Honeycomb Butter

Date & honey drizzle, seasonal berries, whipped cream, caramelized banana

Serving size 350g | Calories 846 | Allergens - milk, eggs, gluten, soybean



Rs. 550

SIDES

House Salad

     Serving size 80g | Calories 103 | Allergen - mustard

Rs. 125

Ambika's Baked Beans

    Serving size 150g | Calories 239 | Allergen - milk

Rs. 200

Sautéed Assorted Mushrooms with Thyme

    Serving size 120g | Calories 142 | Allergen - milk

Rs. 225

Sautéed Buttered Vegetables

    Serving size 100g | Calories 90 | Allergen - milk

Rs. 225

SIDES

Hass Avocado

Serving size 60g | Calories 109



Rs. 275

Chilli Garlic Seasonal Greens

Serving size 150g | Calories 118 | Allergen - soybean



Rs. 275

Multigrain Flemish Toast (2 Slices)

Serving size 50g | Calories 174 | Allergens - gluten, soybean



Rs. 95

Rye Sourdough (2 Slices)

Serving size 30g | Calories 520 | Allergen - gluten



Rs. 125

Young Pommes Noisette

Serving size 100g | Calories 344 | Allergens - milk, soybean



Rs. 200

Selection of Cheese

Parmesan, himalayan chilli bomb, english cheddar

Serving size 60g | Calories 210 | Allergen - milk



Rs. 300

Pork Sausages (2 pcs)

Serving size 100g | Calories 217 | Allergens - gluten, soybean



Rs. 325

Chicken Sausages (2 pcs)

Serving size 100g | Calories 330 | Allergens - gluten, soybean



Rs. 325

Crispy Bacon

Serving size 45g | Calories 243



Rs. 350

Spanish Chorizo

Serving size 45g | Calories 200 | Allergen - sulphite



Rs. 350

A close-up photograph of a silver-colored metal plate filled with several golden-brown, round fried items, likely falafel or croquettes. The plate is garnished with fresh green herbs and thin slices of yellow and red vegetables. The background is softly blurred, showing a light-colored surface and a hint of a window with vertical blinds. The text "SMALL PLATES" is overlaid in white, bold, sans-serif capital letters across the center of the image.

SMALL PLATES

SMALL PLATES

- Baby Spinach & Feta Puff**
Wilted spinach, confit garlic, flaky pastry, parmesan crust
Serving size 160g | Calories 342 | Allergens - milk, gluten

Rs. 295
- CAARA Basil Pesto, Tomato & Fresh Mozzarella Croissant**
Fresh arugula & skinny fries
Serving size 220g | Calories 718 | Allergens - milk, gluten, tree nuts

Rs. 475
- Slow Roasted Tomato & Garlic Soup**
Caper salt, fresh basil, sun-dried tomato focaccia croutons, EVOO
Serving size 250g | Calories 216 | Allergens - milk, gluten

Rs. 470
- Chef's Cacio E Pepe & Ricotta Puffed Pillows**
Stuffed crispy ravioli pillow, romesco sauce herb salsa verde, fresh basil, black garlic
Serving size 300g | Calories 520 | Allergens - gluten, soybean, sesame

Rs. 535
- Homemade Greek Labneh with Roasted Chilli Almonds**
Freshly stone baked zattar sourdough, curly parsley, confit garlic
Serving size 250g | Calories 633 | Allergens - milk, gluten, tree nut

Rs. 535
- Mini Herb Sourdough Pizzetta**
Fresh mozzarella, aged parmesan
Served with  **CAARA Fermented Chilli Pepper & Garlic Sauce**
Serving size 300g | Calories 733 | Allergens - milk, gluten, soybean

Rs. 535
- Roasted Sweet Potato with Sour Cream & Harissa Sauce**
Fresh dill sour cream, coriander & chilli harissa with extra virgin olive oil, crispy sweet potato
Serving size 270g | Calories 333 | Allergen - milk

Rs. 535
- Smashed Chilli & Avocado Toast**
CAARA Multigrain Flemish Bread, lime, sesame seeds & extra virgin olive oil
Serving size 300g | Calories 520 | Allergens - gluten, soybean, sesame

Rs. 715
- Chicken Cheddar Cheese & Leek Quiche**
Crispy leek, house salad
Serving size 190g | Calories 526 | Allergens - milk, gluten

Rs. 350
- Slow-Roasted Harissa Chicken & Sourdough Sandwich**
Caramelized onion, emmental cheese and skinny fries
Serving size 310g | Calories 542 | Allergens - milk, soybean, gluten

Rs. 350

SMALL PLATES

German Bratwurst Sausage Roll

Rs. 400

Roasted pork sausages, grain mustard and house salad

Serving size 180g | Calories 462 | Allergens - milk, gluten



Chicken Meatball, Caramelized Onion & Melted Gruyere Baguette

Rs. 450

Spicy tomato sauce, fresh basil & skinny fries

Serving size 220g | Calories 554 | Allergens - milk, gluten, egg



Slow-Roasted Red Pepper Harissa Chicken

Rs. 595

Micro greens & pickled onion salad, parmesan & jalapeno aioli, tahini hummus cultured sourdough

Serving size 310g | Calories 542 | Allergens - milk, soybean, gluten



Chicken Schnitzel with Shaved Fennel Salad & Shallot Relish

Rs. 595

Jalapeno and parmesan aioli, lemon

Serving size 250g | Calories 600 | Allergens - milk, gluten, egg, soybean



Tempura Fish n Chip

Rs. 625

Served with caper tartare

Serving size 230 | Calories 477 | Allergens - milk, soybean, fish



Malakoff Léman

Rs. 695

Melange of gruyère, emmental & brie, served with dijonnaise & pickled cornichons

Serving size 180g | Calories 599 | Allergens - milk, egg, gluten, soybean, sulphite



CAARA Aglio E Olio Prawns with CAARA Rye Sourdough

Rs 850

Grilled prawns, White wine, fresh parsley, smoked paprika & lime

Serving size 275g | Calories 305 | Allergens - milk, gluten, crustacean, sulphite





SALADS

Tuscan Kale & Avocado Caesar Salad

Rs. 590

Garlic croutons, romaine lettuce, garlic flakes, parmesan caesar dressing

Serving size 250g | Calories 458 | Allergens - milk, gluten, soybean, sulphite



Artisanal Burrata & Tomato Salad with Toasted

Sourdough Baguette

Rs. 625

Marinated yellow & red baby tomatoes, CAARA Basil Pesto & rocket leaves

Serving size 290g | Calories 793 | Allergens - milk, gluten, soybean, sulphite, tree nuts



Full Power Grains Superfood Salad

Rs. 675

Quinoa, barley, avocado, broccoli, goat cheese, CAARA Kaffir Lime Dressing

Serving size 280g | Calories 462 | Allergens - milk, tree nuts, sulphite, gluten, soybean



Warm Goat's Cheese, Apple & Walnut Salad

Rs. 675

Spiced cinnamon glaze, apple & rocket, sourdough crackers, balsamic pearls

Serving size 180g | Calories 226 | Allergens - milk, soybean, gluten



Mango, Avocado & Fennel Salad

Rs. 675

Chilli parmesan dressing, fresh herbs, pickled cucumbers & caramelised sesame peanuts

Serving size 256 | Calories 529 | Allergens - milk, treenut



Green Goddess Buddha Bowl

Rs. 850

Quinoa, spinach & parsley hummus, tofu, rocket, snowpeas, broccoli,

gluten-free five seed crackers, CAARA Basil Pesto, goat cheese labneh

Serving size 350g | Calories 419 | Allergens - milk, soybean, sulphite



Chicken & Avocado Caesar Salad

Rs. 675

Garlic croutons, romaine lettuce, garlic flakes, parmesan caesar dressing

Serving size 280g | Calories 607 | Allergens - milk, gluten, eggs, soybean, sulphite



ADD TO YOUR SALAD

Silken Tofu

Rs. 150

Serving size 70g | Calories 44

Goat Cheese

Rs. 175

Serving size 30g | Calories 109

Hass Avocado

Rs. 275

Serving size 60g | Calories 109

Marinated Chicken

Rs. 175

Serving size 70g | Calories 158

Pork Bacon

Rs. 200

Serving size 23g | Calories 122

Grilled Prawns (3 pcs)

Rs. 200

Serving size 60g | Calories 42



NAPOLETANA PIZZA

NAPOLETANA PIZZA

Margherita

Rs. 610

 **CAARA Classic Tomato & Fresh Basil Sauce, fresh mozzarella, fresh basil**
Serving size 300g | Calories 645 | Allergens - milk, soybean, gluten



Garlicky Truffle Wild Mushroom & Ricotta Pizza

Rs. 675

Roasted wild mushrooms, fresh thyme, burrata fondue
Serving size 320 | Calories 836 | Allergens - milk, gluten



Piccante

Rs. 675

 **CAARA Classic Tomato & Fresh Basil Sauce, chipotle chillies, jalapeño, pickled paprika, fresh red jalapeño, fresh mozzarella, fresh basil**
Serving size 320g | Calories 665 | Allergens - milk, gluten, soybean



Garden Vegetables Primavera Pizza

Rs. 750

 **Classic Tomato & Fresh Basil Sauce, broccoli, kale, pickled chilli peppers, baby shallots, baby tomatoes, zucchini ribbons, fresh arugula, paprika chilli**
Serving size 330g | Calories 557 | Allergens - milk, gluten, soybean



Burrata & Basil Pesto with Toasted Pine Nuts

Rs. 835

 **CAARA basil pesto, torn burrata, fresh mozzarella, confit garlic, EVOO**
Serving size 280g | Calories 835 | Allergens - milk, soybean, gluten, tree nuts



Classic Pepperoni Pizza

Rs. 765

 **CAARA Classic Tomato & Fresh Basil Sauce, pepperoni, fresh mozzarella**
Serving size 320g | Calories 772 | Allergens - milk, soybean, gluten



Diavolo Pizza

Rs. 765

 **CAARA Classic Tomato & Fresh Basil Sauce, spicy smoked chicken, crumbled sausages, fresh mozzarella, Italian basil & extra virgin olive oil**
Serving size 300g | Calories 629 | Allergens - milk, gluten, soybean



CAARA Aglio E Olio, Chicken, Rucola & Goat Cheese

Rs. 765

 **CAARA Aglio E Olio, pulled chicken, rucola, goat cheese & fresh mozzarella**

Serving size 350g | Calories 714 | Allergens - milk, gluten, soybean



Please ask your server if you would like to have a gluten-free pizza base.

PASTA & RISOTTO

A chef in a white uniform is serving a bowl of pasta and risotto. The dish is garnished with herbs and cheese. The table is set with a glass of iced coffee, a loaf of bread, and wooden salt and pepper mills. The background shows a window with a view of a city.

PASTA & RISOTTO

CAARA Aglio E Olio Spaghetti

Rs. 535

Aged parmesan, extra virgin olive oil, parsley, garlic & red chilli pepper

Serving size 250g | Calories 440 | Allergens - milk, gluten, soy, mustard



Orecchiette All' Arrabbiata

Rs. 560

 **CAARA Arrabbiata Sauce**, aged parmesan & extra virgin olive oil

Serving size 322g | Calories 486 | Allergens - milk, gluten, soy, mustard



CAARA Basil Pesto Orecchiette

Rs. 650

Toasted pine nuts, confit garlic, aged parmesan, basil

Serving size 290g | Calories 740 | Allergens - milk, gluten, tree nuts, soy, mustard



Asparagus & Stracciatella Rigatoni Pasta

Rs. 650

San marzano cream sauce, kale, fresh basil, aged parmesan

Serving size 310 | Calories 689 | Allergens - milk, gluten



Fettuccine with Wild Mushroom & Truffle Ragu

Rs. 675

Parmesan cream, portobello, field mushroom & aged parmesan

Serving size 300g | Calories 756 | Allergens - milk, gluten, soy, mustard



Morels & Field Mushroom Risotto with Burrata

Rs. 765

Superfino arborio rice, morels field mushroom, aged parmesan & fresh thyme

Serving size 300g | Calories 644 | Allergens - milk, gluten



CAARA Pesto Alla Genovese Rigatoni with Black Pearl Garlic

Rs. 795

Creamy basil pesto sauce, lemon zest, asparagus, french beans, baby spinach

Serving size 290g | Calories 689 | Allergens - milk, gluten, soybean, tree nuts



Spinach & Ricotta Ravioli with CAARA Classic Tomato & Fresh Basil Sauce

Rs. 625

Aged Parmesan cream, fresh basil, extra virgin olive oil

Serving size 350g | Calories 550 | Allergens - milk, gluten, soybean, egg



Caramelised Onion Orecchiette with Crumbled Sausage

Rs. 675

Herb chicken, wilted kale, roasted hazelnuts, aged parmesan

Serving size 300g | Calories 656 | Allergens - gluten, milk, treenut



Handmade Fettuccine With Braised Lamb Bolognese

Rs. 675

Slow cooked red wine lamb, parmesan crisp, fresh basil, torn burrata

Serving size 380g | Calories 810 | Allergens - milk, soybean, gluten, eggs, sulphite



Chorizo, Prawns & Curly Parsley Spaghetti

Rs. 795

Serving size 220g | Calories 592 | Allergens - milk, gluten, crustacean, soy, mustard



Add chicken to your pasta

Rs. 175

Add seasonal vegetable to your pasta

Rs. 150

Add garlic bread

Rs. 75

Gluten Free pasta is also available - please ask your server for assistance.



The CAARA Shop

CAARA product sold in store or ordered online | WWW.CAARA.COM

All prices are exclusive of government taxes.

We levy a 10% volunteer contribution, which is at the discretion of the customer.

A close-up photograph of a chef's hand using metal tweezers to place a thin, round slice of pickled cucumber onto a gourmet dish. The dish is served on a large white plate and features a seared fish fillet, a vibrant red tomato sauce, and fresh green herbs. The background is softly blurred, showing a hint of a floral arrangement. The text "LARGE PLATES" is overlaid in the center in a white, bold, sans-serif font.

LARGE PLATES

LARGE PLATES

MAKE YOUR OWN SANDWICH

All sandwiches are served with skinny fries

Rs. 550

Bread: *Focaccia, baguette, rye sourdough, multiseed flemish, brioche*

Veggies: *Tomato, cucumber, zucchini, herb marinated peppers, wild mushroom, chilli & garlic greens*

Greens: *Rocket, romain, tuscan kale, baby spinach*

Artisanal Sauces: *CAARA basil pesto, mustard & mayo dijonnaise, parmesan & jalapeno house aioli, fermented chilli & garlic sauce, sundried tomato pesto*

Cheese: *English cheddar, gruyere, fresh mozzarella, chilli gouda, fresh burrata, quatre formaggio mix, truffle cream cheese*

Meat & Fish: *Salami, pepperoni, smoked ham, chorizo*

Avocado Tenderstem & Seasonal Greens Burger

Rs. 610

With emmental cheese slice, jalapeno and dijon aioli, fresh greens & spiced parmesan fries

Serving size 300g | Calories 612 | Allergens - milk, gluten, soybean, treenut, sulphite



Chimichurri Cauliflower with Beurre Noisette Asparagus

Rs. 650

Smoked paprika, cannellini bean purée, caper berries, thyme, cipollini onion

Serving size 310g | Calories 210 | Allergens - milk, sulphite



Vegan Massaman Tofu & Seasonal Vegetables Curry

Rs. 650

Lemongrass scented rice, raw papaya salad & cucumber kimchi

Serving size 400g | Calories 491 | Allergens - soybean, sesame



Japanese Udon Noodles with Shiitake, Shoyu Mirin Sauce & Crispy Onions

Rs. 650

Serving size 370g | Calories 604 | Allergens - gluten, soybean, sulphite



Add Prawns To Your Noodles

Rs. 200

Add Marinated Chicken To Your Noodles

Rs. 175

Baked Spinach & Ricotta Gnudi

Rs. 695

Baked Spinach & ricotta dumplings, CAARA Arrabiata Sauce, aged parmesan fondue & basil

Serving size 400g | Calories 509 | Allergen - milk



Green Goddess Sandwich in CAARA Multigrain Bread

Rs. 765

CAARA Basil Pesto, spinach & parsley hummus, avocado, goat cheese, dijonnaise, seasonal greens & spiced parmesan fries

Serving size 300g | Calories 920 | Allergens - milk, soybean, gluten, sesame, mustard, tree nuts



LARGE PLATES

Chicken Kra Pao & Lemongrass Scented Rice Rs. 650

Raw papaya salad, gochujang spiced marinade & cucumber kimchi

Serving size 350g | Calories 640 | Allergens - milk, gluten, soybean, sesame



Grilled Thyme & Lime Chicken Breast Rs. 695

Parmesan mash, buttered herb vegetables, pan jus

Serving size 350g | Calories 409 | Allergens - milk, soybean, sulphite



Triple Decker Multigrain Club Sandwich Rs. 765

Crispy bacon, chicken breast, fried egg, emmental, grainy mustard aioli, fresh greens & spiced parmesan fries

Serving size 350g | Calories 970 | Allergens - milk, soybean, gluten, eggs, tree nuts, sesame, mustard



Grilled Sea Bass à la Vierge Spanish Sherry Beurre Blanc Rs. 950

Young pommes noisette, wild tomato & caper vierge, fresh herbs

Serving size 310 | Calories 356 | Allergens - milk, fish



SIDES

House Salad Rs. 125

Serving size 80g | Calories 103 | Allergen - mustard



Sautéed Assorted Mushroom Rs. 225

Serving size 120g | Calories 142 | Allergen - milk



Sautéed Buttered Vegetables Rs. 250

Serving size 100g | Calories 90 | Allergen - milk



Chilli Garlic Seasonal Greens Rs. 275

Serving size 150g | Calories 118



Classic Salted Fries Rs. 295

Serving size 120g | Calories 276 | Allergens - soybean, gluten



Mixed Herbs & Parmesan Fries Rs. 325

Serving size 120g | Calories 238 | Allergens - soybean, milk, gluten



Skinny Fries Rs. 325

Serving size 180 | Calories 542



Add Truffle Oil to your Parmesan Fries Rs. 150

Add 🍷 Fermented Chilli Pepper & Garlic Sauce to any of your dish Rs. 150

A top-down view of a round wooden table with a warm, reddish-brown finish. On the table are several items: a cup of dark coffee on a green ceramic saucer in the top right; a cup of latte with a heart-shaped foam design on a matching green saucer in the center; a small vase with red chrysanthemums between the coffee cups; and five different desserts on green ceramic plates. The desserts include a rectangular chocolate cake, a slice of carrot cake with cream and orange, a slice of white cake with orange and cream, a slice of chocolate cake with cream and a cherry, and a small round chocolate tart with fruit. The word "DESSERTS" is written in large white letters across the center of the image.

DESSERTS

DESSERTS

Eggless Hazelnut, Chocolate & Salted Caramel Tart

Rs. 350

Serving size 180g | Calories 832 | Allergens - gluten, tree nuts



Eggless Belgian Dark Chocolate & Toasted Hazelnut Cake

Rs. 350

Serving size 120 | Calories 529 | Allergens - milk, gluten, tree nuts



Warm Chocolate Fudge Skillet cookie

Rs. 350

With vanilla ice cream

Serving size 160 | Calories 532 | Allergens - milk, gluten, soybean, eggs



Grandma's Carrot Cake with Mascarpone Frosting

Rs. 400

Serving size 220g | Calories 868 | Allergens - milk, gluten, eggs, soybean



Gluten Free Orange & Almond Cake (gf)

Rs. 400

Serving size 210g | Calories 643 | Allergens - milk, eggs, tree nuts



Flourless 70 % Dark Chocolate Cake

Rs. 400

With karnataka vanilla pod cremeux

Serving size 160 | Calories 685 | Allergens - milk, soybean, eggs



Cinnamon Brioche French Toast with Honeycomb Butter

Rs. 550

Date & honey drizzle, seasonal berries, whipped cream, caramelized banana

Serving size 350g | Calories 846 | Allergens - milk, eggs, gluten, soybean



WITH YOUR COFFEE

Eggless Peanut Butter & White Chocolate Cookie

Rs. 95

Serving size 50g | Calories 255 | Allergens - milk, gluten, groundnuts, soybean



Eggless Tuscan Lemon & Almond Tea Cake

Rs. 295

Serving size 160g | Calories 757 | Allergens - milk, gluten



Affogato

Rs. 295

An espresso shot with a scoop of vanilla bean ice cream

Serving size 75g | Calories 78 | Allergens - milk



Peanut Butter, Oats & Date Bar with 70% Dark Chocolate

Rs. 390

Serving size 160g | Calories 49 | Allergens - tree nuts, soybean



Artisanal Seasalt & Belgian Dark Chocolate Cookie

Rs. 125

Serving size 40g | Calories 149 | Allergens - milk, gluten, eggs, soybean



Cheese Board

Rs. 495

Aged parmesan, himalayan chilli bomb, english cheddar, assorted crackers

& lavash, red globe grapes and nuts

Serving size 180g | Calories 508 | Allergens - milk, gluten, tree nuts



COLD BEVERAGES



COLD BEVERAGES

Peach & Thyme Iced Tea - <i>Lemon, peach, thyme, maple syrup</i> Serving size 300ml Calories 36	Rs. 300
Cucumber, Yuzu & Mint Cooler <i>Cucumber, apple juice, yuzu, lime juice, mint, soda</i>	Rs. 350
Mango Margherita <i>Fresh mango, agave, lime juice & soda</i> Serving size 300ml Calories 113	Rs. 350
Mixed Berry Mojito - <i>Mixed berries, lime juice & soda</i> Serving size 300 ml Calories 226	Rs. 275
Spicy Guava <i>Guava juice, lime juice, tabasco, roasted cumin, worcestershire sauce</i> Serving size 300ml Calories 128	Rs. 300
Fresh Lime, Ginger & Celery Lemonade <i>Fresh celery juice, lime juice, ginger ale & palm jaggery</i> Serving size 300 ml Calories 226	Rs. 275
Virgin Bloody Mary <i>Tomato juice, lime juice, tabasco, coriander, green chili, worcestershire sauce, celery salt</i> Serving size 300ml Calories 75	Rs. 300
House Picante <i>Muddled lime, fresh green chilli, jalapeno, agave, orange juice & soda</i> Serving size 300ml Calories 113	Rs. 350
Java Plum & Kaffir Lime Fizz <i>Java plum syrup, black salt, kaffir leaves, soda</i> Serving size 300ml Calories 65	Rs. 300
Classic Lime & Mint Iced Tea <i>Fresh mint, lime juice & tea concentrate</i> Serving size 300ml Calories 109	Rs. 275
Fresh Lime Soda - <i>Lime juice, simple syrup & soda</i> Serving size 300ml Calories 47	Rs. 195
Fresh Lime Water - <i>Lime juice, simple syrup & water</i> Serving size 300ml Calories 47	Rs. 175
Mulberry Sangria Kombucha <i>Mulberry, kefir grains, raw cane sugar, red grape ferment</i> Serving size 200ml Calories 27	Rs. 199
Ginger Beer Kombucha <i>Ginger, turmeric roots, kaffir lime</i> Serving size 200ml Calories 27	Rs. 179
Sepoy & Co Ginger Ale	Rs. 95
Sepoy & Co Tropical Lemonade	Rs. 95
Sepoy & Co Tonic Water	Rs. 95
Coke	Rs. 150
Diet Coke	Rs. 150
Sprite	Rs. 150
Still Water	Rs. 200
Sparkling Water	Rs. 220

FRESH JUICES

Fresh Seasonal Juice

Serving size 300ml | Calories 141

Rs. 325

Immunity Booster

Carrot, orange, lemon, ginger

Serving size 300ml | Calories 133

Rs. 325

Green Juice

Fresh kale, celery, cucumber & granny smith apple & spinach

Serving size 300ml | Calories 96

Rs. 350

The Red Energizer

Pomegranate, beetroot, ginger & watermelon

Serving size 300ml | Calories 129

Rs. 325

Classic ABC

Apple, beetroot & carrot

Serving size 300ml | Calories 172

Rs. 350

Sunny Yellow

Pineapple, carrot, turmeric & papaya

Serving size 300ml | Calories 210

Rs. 350

MATCHA

Hot Matcha Latte

Ceremonial grade matcha with steamed milk & velvety milk foam

Serving size 250ml | Calories 110 | Allergen - milk

Rs. 250

Iced Matcha Latte

Ceremonial grade matcha with cold milk

Serving size 300ml | Calories 125 | Allergen - milk

Rs. 325

Iced Strawberry Matcha Latte

Ceremonial grade matcha with cold milk & strawberry compote

Serving size 300ml | Calories 190 | Allergen - milk

Rs. 325

Iced Mango Matcha Latte

Ceremonial grade matcha with cold milk & mango compote

Serving size 300ml | Calories 190 | Allergen - milk

Rs. 325

Iced Hazelnut Matcha Latte

Ceremonial grade matcha with cold milk & SWA hazelnut syrup

Serving size 300ml | Calories 190 | Allergen - milk

Rs. 325

Iced Caramel Matcha Latte

Ceremonial grade matcha with cold milk & SWA caramel syrup

Serving size 300ml | Calories 190 | Allergen - milk

Rs. 325

Coconut Matcha

Coconut water top up with cloud matcha

Serving size 300ml | Calories 158 | Allergen - milk

Rs. 325

Matcha & Orange Fizz

Fresh orange juice & soda top up with cloud matcha

Serving size 300ml | Calories 167 | Allergen -milk

Rs. 325

Matcha, Lemon & Tonic

Fresh lime juice & tonic top up with cloud matcha

Serving size 300ml | Calories 190

Rs. 325



The CAARA Shop

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All prices are exclusive of government taxes.

We levy a 10% volunteer contribution, which is at the discretion of the customer.

POWER PACKED SMOOTHIES AND SHAKES

Keya's Post Workout Power Smoothie

Rs. 450

Seasonal berries, banana, chia seeds, oats, almond milk & peanut butter

Serving size 350ml | Calories 457 | Allergens - gluten, tree nuts, groundnut

Cacao, Almond Butter & Date Shake

Rs. 395

Cacao, almond butter, banana, almond milk & date

Serving size 350ml | Calories 396 | Allergen - tree nuts

Green Goddess Smoothie

Rs. 450

Spinach, avocado, banana & almond milk

Serving size 350ml | Calories 205 | Allergen - tree nuts

Vegan Chocolate, Peanut Butter & Protein Packed Smoothie

Rs. 450

The Func. Lab chocolate plant protein, banana, peanut butter, chia seeds, almond milk

Serving size 350ml | Calories 454 | Allergens - tree nuts, groundnut

Vegan Espresso, Cocoa & Banana Protein Packed Smoothie

Rs. 450

The Func. Lab chocolate plant protein, espresso shot, banana, oats, dates, oat milk

Serving size 350ml | Calories 365

Add On To Your Smoothies & Shakes

Scoop of **THE FUNC. LAB**[™]

FUNCTIONAL INPUT

Whey Isolate Protein - Unflavoured

Rs. 200

Chocolate Plant Protein

Rs. 250

The Scoop of The Func. Lab

Grass-Fed Whey Isolate (Unflavored) - 30g Protein

Just pure whey isolate and digestive enzymes. No fillers. High-absorption and high-purity protein.

Plant Protein (Chocolate) - 28g Protein

A brown rice-pea isolate blend with a stevia-monk fruit blend and digestive enzymes.

Complete AA profile with 84% of calories coming from protein, rare for plant formulas.

What Func Lab Stands For

Simple, functional formulations with only ingredients that matter. No fluff, no unnecessary additives, just clean, efficient protein built for real performance.



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HOT BEVERAGES



COFFEE

BLACK COFFEE

MYSORE NUGGETS

Sweet, Toffied Caramel,
Mild Bitter Lemon Aftertaste
Medium Dark | Single Origin

ATTIKAN ESTATE

Almond, Caramel,
Milk Chocolate
Medium | Single Estate

Espresso Single

A single shot of pressed roast coffee
Serving size 30ml | Calories 11

Rs. 160

Rs. 180

Espresso Double

A double shot of pressed roast coffee
Serving size 60ml | Calories 23

Rs. 185

Rs. 205

Americano

A single shot of espresso topped with hot water
Serving size 250ml | Calories 23

Rs. 240

Rs. 260

French Press

Freshly ground & brewed coffee
Serving size 250ml | Calories 23

Rs. 300

Rs. 320

WHITE COFFEE

Cortado

A shot of espresso coffee with a small amount of steamed milk
Serving size 90ml | Calories 31 | Allergen - Milk

Rs. 185

Rs. 205

Macchiato

A drink of espresso coffee with a small amount of foamed milk
Serving size 60ml | Calories 42 | Allergen - Milk

Rs. 185

Rs. 205

Flat White

A double shot of espresso topped with textured, creamy milk
Serving size 250ml | Calories 161 | Allergen - Milk

Rs. 315

Rs. 335

Cappuccino

A single shot of espresso topped with equal parts steamed milk & frothy foam
Serving size 250ml | Calories 121 | Allergen - Milk

Rs. 290

Rs. 310

Cafe Latte

A single shot of espresso topped with steamed milk & velvety foam
Serving size 250ml | Calories 141 | Allergen - Milk

Rs. 290

Rs. 310



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COFFEE

FLAVOURED COFFEE

MYSORE NUGGETS

Sweet, Toffied Caramel,
Mild Bitter Lemon Aftertaste
Medium Dark | Single Origin

ATTIKAN ESTATE

Almond, Caramel,
Milk Chocolate
Medium | Single Estate

Hazelnut Cappuccino

Rs. 345

Rs. 365

A single shot of espresso topped with equal parts steamed milk & frothy foam with SWA hazelnut syrup

Serving size 250ml | Calories 206 | Allergen - Milk

Caramel, Almond & Praline Cappuccino Rs. 345

Rs. 365

A single shot of espresso topped with equal parts steamed milk and frothy foam, flavoured with SWA caramel almond praline syrup

Serving size 250ml | Calories 154 | Allergen - milk

Hazelnut Latte

Rs. 340

Rs. 360

A single shot of espresso topped with steamed milk & velvety foam with SWA Hazelnut syrup

Serving size 250ml | Calories 158 | Allergen - milk

Nutty Choco Mocha

Rs. 340

Rs. 360

A single shot of espresso with SWA nutty choco syrup & creamy hot milk

Serving size 250ml | Calories 170 | Allergen - milk

We use SWA artisanal syrups, preservative free & handcrafted by women with utmost care and love.

Add a flavour to your coffee

Caramel Almond Praline | Hazelnut | Nutty Choco Rs. 60



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ICED COFFEE

FLAVOURED COFFEE	MYSORE NUGGETS	ATTIKAN ESTATE
	Sweet, Toffied Caramel, Mild Bitter Lemon Aftertaste Medium Dark Single Origin	Almond, Caramel, Milk Chocolate Medium Single Estate

Iced Latte <i>A double shot of espresso topped with cold milk</i> Serving size 300ml Calories 141 Allergen - milk	Rs. 320	Rs. 340
Iced Cappuccino <i>A double shot of espresso topped with frothy milk</i> Serving size 300ml Calories 129 Allergen - milk	Rs 320	Rs. 340
Iced Hazelnut Latte <i>A double shot of espresso topped with cold milk & SWA hazelnut syrup</i> Serving size 300ml Calories 300 Allergen - milk	Rs. 340	Rs. 360
Iced Hazel - Coco Frappe <i>A double shot of espresso blended with cold milk & hazel-coco spread</i> Serving size 300ml Calories 300 Allergen - milk ,nuts	Rs. 340	Rs. 360
Iced Caramel Frappe <i>A double shot of espresso blended with cold milk & SWA caramel almond praline syrup</i> Serving size 300ml Calories 300 Allergen - milk	Rs. 340	Rs. 360
Iced Americano <i>A double shot of espresso topped with cold water</i> Serving size 300ml	Rs. 240	Rs. 260
Iced Mocha <i>A double shot of espresso with cold milk & SWA nutty choco syrup</i> Serving size 300ml Calories 250	Rs. 300	Rs. 320

COFFEE

SPECIALITY COFFEE CAPSULES

Caribbean Gold Rum	Rs. 250
<i>Notes Rum, Spices, Tropical Wood & Honey Intensity - 8</i>	
<i>Serving Suggestion: Espresso or Americano</i>	
Oak Reserve Whiskey	Rs. 250
<i>Notes Smoky Oak, Vanilla, Caramel</i>	
<i>Serving Suggestion: Espresso or Americano</i>	
Coffee Chicory Blend (70:30)	Rs. 290
<i>Notes Chocolate, cacao, nutty, smoky Intensity - 15</i>	
<i>Serving Suggestion: Milk based coffee</i>	

CAARA COFFEE TO HAVE HOME

Freshly Ground Coffee

MYSORE NUGGETS	Rs. 600
EXTRA BOLD (200 gms)	
ATTIKAN ESTATE (200 gms)	Rs. 700

*Our freshly ground coffee beans are suited to use at home in a French press.
Please store in a cool place and consume within 10 days.*

COFFEE CAPSULES (Pack of 10)

Oak Reserve Whiskey	Rs. 650
<i>Notes Smoky Oak, Vanilla, Caramel</i>	
Caribbean Gold Rum	Rs. 650
<i>Notes Rum, Spices, Tropical Wood & Honey Intensity - 8</i>	
Coffee Chicory Blend (70:30)	Rs. 550
<i>Notes Chocolate, cacao, nutty, smoky Intensity - 15</i>	
Combo Pack	Rs. 1800

Suitable to use in a Nespresso machine



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OTHER BEVERAGES

Cold Coffee Rs. 340
Blend of an espresso shot, milk & vanilla ice cream
Serving size 300ml | Calories 229 | Allergen - Milk

Vietnamese Coffee Rs. 240
Blend of condensed milk and a shot of espresso
Serving size 300ml | Calories 259 | Allergen - Milk

Coconut Cloud Coffee Rs. 340
Coconut water topped with cloud coffee cream
Serving size 300ml | Calories 165 | Allergen - Milk

Iced Espresso Tonic Rs. 320
An espresso shot topped with tonic water
Serving size 300ml | Calories 78 | Allergen - milk

Mont Blanc Rs. 340
Cold brew topped with orange cloud foam
Serving size 300ml | Calories 138 | Allergen - Milk

Spiced Cappuccino Rs. 290
A single shot of espresso topped with equal parts steamed milk & frothy foam and hint of cinnamon
Serving size 250ml | Calories 86 | Allergen - Milk

Spiced Citrus Cider Rs. 290
Fresh Orange juice, apple juice, fresh ginger, cinnamon, star anise, honey
Serving size 250ml | Calories 168

CAARA's Homebrew Rs. 150
Fresh ginger, turmeric, mint, lemon & honey
Serving size 250ml | Calories 86

Hot Chocolate Rs. 295
With creamy hot milk & marshmallow
Serving size 250ml | Calories 86 | Allergen - milk

Turmeric Latte Rs. 250
Almond milk, organic turmeric, fresh ginger, cinnamon, black pepper, honey
Serving size 250ml | Calories 255 | Allergen - milk

Affogato Rs. 320
An espresso shot with a scoop of vanilla bean ice cream
Serving size 75g | Calories 78 | Allergen - milk

Please ask your server for dairy free alternatives

OAT MILK Rs. 110 | ALMOND MILK Rs. 110

TEA

English Breakfast Tea

Rs. 175

A homegrown breakfast blend of Indian black teas from Assam & Darjeeling

Serving size 250ml | Calories 29 | Allergen - milk

Jodhpur Blend

Rs. 175

A fennel-infused interpretation of a classic Earl Grey

Serving size 250ml | Calories 29 | Allergen - milk

Classic Green Tea

Rs. 175

A sublime green tea from the foothills of the Himalayas

Serving size 250ml

Madurai Masala Blend

Rs. 175

A twist on the classic masala chai infused with spices and adorned with marigolds

Serving size 250ml | Allergen - milk

Kashmiri Kahwa

Rs. 175

A precious saffron-infused blend from the Kashmir Valley

Serving size 250ml | Calories 99 | Allergen - tree nuts

Ayurvedic Blend

Rs. 175

A caffeine-free herbal detox infused with Ashwagandha and Brahmi, to harmonise the vata, pitta and kapha doshas

Serving size 250ml

Chamomile Blend

Rs. 175

An herbal infusion of sweet blossoms handpicked from Kangra

Serving size 250ml

Darjeeling Tea

Rs. 175

The 'Champagne of Teas' from the foothills of the Himalayas

Serving size 250ml

Botanical Awakening

Rs. 175

A caffeine-free blend of vetiver, sage, mint and rose petals

Serving size 250ml

No. 3 Clive Road teas are handcrafted in small batches using carefully selected, finest full-leaf teas and other natural ingredients available in India. The fragrance and subtle flavours of their unique blends evoke a bygone era of refinement and taste.