



SMALL PLATES

CHEESE & DIP GRAZING PLATTER

1200

Red Pepper Hummus, Basil Pesto, Roasted Garlic & Cucumber Tzatziki, Poppy Seed & Parmesan Cracker, Rosemary, Oats & Black Pepper Cracker, Mild English Cheddar, Parmigiano Reggiano, Marinated Queen Olives, Grissini, Sundried Tomato, Chilli & Confit Garlic Focaccia, Dried Fruit & Nuts, Lavash, Focaccia

PESTO ZOODLES (V) (GF)

550

Zucchini Noodles, CAARA Basil Pesto, Toasted Pine Nuts

Available With Grilled Prawns

150

TOMATO & ALMOND TART (V)

550

Tomato Three Ways, Sundried Tomato Pesto, Basil, Almond Paste, Mustard

PATATAS BRAVAS (V)

550

Crispy Potato, Pickled Peppers, Herb Mix, Micro Cress

CHILLI AVOCADO TOAST (V) (DF)

750

Smashed Avocado With Chilli, Tomato, Coriander, Lime Served With Rye Sourdough

FIERY CHILLI, GARLIC PRAWNS

750

Cacciucco Sauce, Tomato, Confit Garlic, Basil, Chilli Focaccia Bread

SALAD

FULL POWER GRAIN SUPER FOOD SALAD

700

Red Quinoa, Barley, Farmlove Vegetable's, Preservative Free Crumbled Feta, CAARA Kaffir Lime Dressing, Pomegranate Available with Avocado Or Grilled Chicken

KALE & ROMAINE CHICKEN SALAD WITH CEASAR DRESSING

700

Grilled Chicken, Avocado, Crispy Bacon & Herb Croutons

ORZO & HARISSA AUBERGINE SALAD (V)

650

Tahini Dressing, Crispy Pita, Preserved Lemon, Greek Yogurt, Mint, Micro Cress

(gf) - Gluten Free | (df) - Dairy Free | (v) - Vegetarian | CAARA Pantry - product available for sale on order |

FarmLove- Chemical free fresh produce from CAARA's farms

If you have any specific dietary requirements please speak to your server



MAINS

MALAY CURRY WITH FARMLOVE VEGETABLES (V) (GF)	550
Basmati Rice, Farm Vegetables, Coconut Milk, Coriander, Thai Chilli, Lemon, charred Coconut Chicken / Prawn	150
ORECCHIETTE PASTA WITH YOUR CHOICE OF CAARA PANTRY SAUCES: (V)	650
Basil Pesto Sundried Tomato Pesto Puttanesca Tomato Sauce Aglio E Olio	
WILD MUSHROOM & TRUFFLE FETTUCCINI	650
Aged Parmesan, Crispy Leeks	
WILD MUSHROOM PEARL BARLEY RISOTTO (V)	700
Aged Parmesan & Truffle Oil	
ROASTED RED PEPPER & PEARL BARLEY RISOTTO (V)	650
Aged Parmesan & FarmLove Thyme	
ROASTED CAULIFLOWER (V)	650
Parmesan Cream, Wilted Greens	
CURRY SPICED RIVER SOLE	850
Confit Tomato, Cajun Spiced Potatoes, Tempered Vermicelli Noodles, Malabar Sauce	
MEDITERRANEAN CHICKEN	750
Roasted Garlic Mash Potato, Spiced Chickpeas, Salsa Verde, Chilli Garlic Green	
CHICKEN CHIPOTLE BRIOCHE BURGER	650
Herb Mayo, FarmLove Mixed Green Leaves, with Sweet Potato & Truffle Chips	
HARISSA LAMB	850
Wilted Greens & Seasonal Vegetables, Carrot & Raisin Salad, Pickled Sumac Onion, Grilled Whole-Wheat Pita	

SOURDOUGH FLATBREAD

Torn Bocconcini & CAARA Basil Pesto	650
Truffle, Wild Mushrooms & Parmesan with Crispy Leeks	700
Spicy Pepperoni	750

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SIDES

BAKED PARMESAN, THYME & TRUFFLE POTATO Garlic, FarmLove Thyme & Clarified Butter	350
GARLIC CHILLI SEASONAL GREENS FROM THE CAARA FARM (V) (GF) (DF)	350
JASMINE RICE	350
BASMATI RICE	350

SWEET THINGS

GRANDMA'S CARROT CAKE Cinnamon, Cream Cheese Frosting & Toasted Almonds	450
MAMA'S NEVER FAIL CHOCOLATE CAKE Cocoa powder, dark chocolate	450
GLUTEN FREE ORANGE & ALMOND CAKE Cream Cheese Frosting, Dehydrated Orange	450
EGGLESS SALTED CARAMEL, MILK CHOCOLATE & SEA SALT TART	450



COFFEE : SUSTAINABLY SOURCED 100% ARABICA INDIAN COFFEE

Espresso Single A single shot of pressed roast coffee	Rs.100	Mocha A single shot of espresso with chocolate syrup & creamy hot milk	Rs.250
Doppio A double shot of pressed roast coffee	Rs.120	Iced Americano A double shot of espresso topped with ice & cold water	Rs.150
Americano A single shot of espresso topped with hot water	Rs.150	Iced Latte A single shot of espresso topped with ice & cold milk	Rs.200
Cappuccino A single shot of espresso topped with equal parts steamed milk & frothy foam	Rs.200	Cold Brew 15 hour brewed cold coffee	Rs.150
Macchiato A single shot of pressed roast coffee with foamed milk	Rs.150	Cold Coffee A double shot of espresso blended with ice & milk	Rs.200
Cortado A double shot of espresso topped with equal parts heated milk	Rs.180	Iced Mocha A single shot of espresso with chocolate syrup topped with ice & milk	Rs.250
Flat White A single shot of espresso topped with textured, creamy milk	Rs.200	Affogato Coconut ice cream & espresso shot	Rs.250
Cafe Latte A single shot of espresso topped with steamed milk & velvety foam	Rs.200	Hot Chocolate Hot chocolate with creamy hot milk & marshmallows	Rs.250

All our coffee is available with almond & soya milk.
*Our staff will freshly grind CAARA's coffee for you to take home Rs.500 / (150gms)



TEA : FINEST HAND-BLENDED INDIAN TEAS

English Breakfast Tea

A traditional breakfast blend of black teas sourced from Assam, Ceylon & Kenya that makes for the perfect cuppa

Rs.150

Jodhpur Blend (Earl Grey)

No. 3 Clive Road's interpretation of Earl Grey combined with Assam tea, bergamot oil, dried orange, fennel & cornflower petals

Rs.150

Organic Green Tea

Sourced from an organic family run tea garden on the banks of the Umiam Lake, this tea is full of fruity & fragrant notes

Rs.150

Darjeeling

Sourced from the Sourenee Tea Estate, this tea has been certified as 100% bio-organic & characterizes a light, thin bodied & floral aroma

Rs.150

Madurai Masala Blend

An aromatic blend of Assam tea with cardamom, ginger, cloves, cinnamon, black pepper & marigolds, evoking the spirit of the goddess Parvati, from the temple city of Madurai

Rs.150

Kashmiri Kahwa

The kahwa of Kashmir is a unique blend amongst the great teas of India. This blend follows the perfect recipe of Kashmiri green tea, cardamom, cinnamon, rose petals & precious saffron strands

Rs.150

Ayurvedic Blend

A calming caffeine free herbal detox that can be enjoyed anytime of the day. This custom blend of Banapsha, Ashwagandha, Brahmi & Shankpushpi removes toxins to regulate vata, pi a & kapha doshas

Rs.150

CAARA's Homebrew

Fresh ginger, turmeric, mint, lemon & honey

Rs.120



COLD DRINKS

CAARA FarmLove Basil Lemonade	Rs.250
Fresh Lime Soda	Rs.150
Fresh Lime Water	Rs.150
Shaken Lemon & Mint Iced Tea	Rs.250
Breathe Kombucha	Rs.300
Borage, Japanese Mint, Lemongrass	
Sepoy Indian Tonic Water	Rs.150
Sepoy Spiced Grapefruit Tonic Water	Rs.150
Sepoy Mint Tonic Water	Rs.150
Ginger Ale	Rs.150
Coke	Rs.150
Diet Coke	Rs.150
Sprite	Rs.150
Red Bull	Rs.180
Mineral Water	Rs.350
Sparkling Water	Rs.450

FRESH JUICE

Super Green Apple & Ginger Juice	Rs.250
Green apple, mint, ginger, honey	
ABC Juice	Rs.250
Apple, beetroot & carrot	
Fresh Juice of The Day	Rs.250
Nicobar Elixia	Rs.350
Pineapple, mango, orange, banana, coconut water, chia seeds	

MOCKTAILS

Bloody Shame	Rs.350
Tomato juice, lemon, chilli, coriander, celery, worcester sauce	
Virgin Mojito	Rs.350
Lemon, palm sugar, mint leave, sepoy mint tonic water	
Elderflower & Mint Sparkle	Rs.350
Elderflower cordial, apple juice, sepoy mint tonic water	
CAARA Ginger Fizz	Rs.250
Cucumber Cooler	Rs.250
Fresh ginger, FarmLove mint, soda, cucumber spiral	

SMOOTHIE & SHAKES

CAARA Banana Smoothie	Rs.300
Bananas, honey, roasted peanuts topped with CAARA granola mix	
Very Berry Smoothie	Rs.350
Blueberry, raspberry, seasonal mulberry	
Vanilla Bean Milkshake	Rs.300
Milk, vanilla bean ice cream	
Banana Milkshake	Rs.350
Milk, banana, vanilla bean ice cream	
Chocolate Milkshake	Rs.350
CAARA choco-hazelnut spread, milk, vanilla bean ice cream	

***All our shakes are available with whipped cream**

Rs. 50/-

CAARA PANTRY

BAKERY

LAVASH 150 GMS	143
FOCCACIA CROSTINI 150 GMS	250
RYE SOURDOUGH 400 GMS	300
WHOLEWHEAT SOURDOUGH 500 GMS	300
POPPY SEED & PARMESAN CRACKERS 150 GMS	350
ROSEMARY & BLACK PEPPER OATS CRACKERS 150 GMS	350
7 CEREAL LOAF 400 GMS	300
GLUTEN FREE QUINOA BREAD 400 GMS	650

GRANOLA, DIPS, PESTOS, DRESSING, SAUCES

WHEAT FREE GRANOLA 250 GMS	587
HAZEL COCO SPREAD 210 GMS	618
ALMOND NUT BUTTER 210 GMS	533
CAARA BASIL PESTO 210 GMS	640
CAARA SUNDRIED TOMATO PESTO 210 GMS	640
CAARA AGLIO E OLIO 210 GMS	587
CAARA PUTTANESCA TOMATO SAUCE 210 GMS	640
CAARA HARISSA 210 GMS	480
CAARA FARM HERB DRESSING 300 ML	480
LEMONGRASS & LIME DRESSING 300 ML	533
SEASONAL FRUIT JAM 210 GMS	350
CLASSIC TOMATO SAUCE 300 GMS	373
CAARA 100% ARABICA COFFEE 150 GMS	500

CAARA PANTRY

FLOUR, BAKERY, PASTA & GRAINS

LA MOLISANA ORECCHIETTE 500 GMS	219
LA MOLISANA LINGUINE 500 GMS	219
LA MOLISANA FETTUCCINI 500 GMS	262
LA MOLISANA COUS COUS 500 GMS	186
RUSTICHELLA D ABRUZZO ORZO 500 GMS	332
ARBORIA RICE 1 KG	405
LA MOLISANA OO FLOUR 1 KG	267
T-65 SWISS BAKING FLOUR 1 KG	250
WHITE QUINOA 500 GMS	350
RED QUINOA 500 GMS	350
AVOCADO 1 KG	1714

DAIRY, OILS, VINEGARS & CONDIMENTS

BACK2BASICS GIR COW GHEE 300 ML	1190
EXTRA VIRGIN OLIVE OIL 500 ML	713
EXTRA VIRGIN OLIVE OIL 1 LTR	1357
VAL DI MAZARA SICILIAN EXTRA VIRGIN OLIVE OIL 500 ML	2381
BALSAMIC VINEGAR 500 ML	262
BALSAMIC VINEGAR GLAZE 250 ML	429
RED WINE VINEGAR 250 ML	414
WHITE WINE VINEGAR 250 ML	414
KALAMATA BLACK OLIVES 280 GMS	376
EXTRA VIRGIN AVOCADO OIL 500 ML	1886
CAPER BERRIES 370 GMS	223
CAPOTE CAPERS 100 GMS	157
PIMENTO STUFFED QUEEN OLIVES 340 GMS	333
APPLE CIDER VINEGAR 500 ML	233
PIRI PIRI HOT PEPPERS 142 GMS	238
SLICED JALAPENOS 200 GMS	157
MUSTARD WITH FIGS 100 GMS	286
MALDON SALT 125 GMS	238



CAARA CARE PACKAGES & HAMPERS

Pickup your favorite CAARA hampers from NicoCaara
(To ensure availability of all products, it is advisable to please preorder)

Trio of CAARA's preservative Free

Pasta Sauces | 1600

Basil Pesto 200 gms

Sundried Tomato Pesto 200 gms

Puttanesca Tomato Sauce 200 gms

Easy Peasy Stay In Supper for Two | 2000

Orecchiette Pasta 500 gms

Basil Pesto 200 gms

Parmigiano-Reggiano 250 gms

Fresh Basil 100 gms

Focaccia Crostini 150 gms

Breakfast Time | 2900

CAARA 100% Arabica Coffee 150 gms

Wheat Free Granola 250 gms

Almond Nut Butter 210 gms

Rye Sourdough 400 gms

Avocado 1 kg

Aperitif | 3200

CAARA Sundried Tomato Pesto 210 gms

Roasted Garlic 2

Cucumber Tzatziki 300 gms

CAARA Basil Pesto 200 gms

Lavash 150 gms

Poppy Seed & Parmesan Crackers 150 gms

Dutch Gouda (200 gms)

Chilli Goats Cheese 200 gms

English Cheddar 200 gms

CAARA Stocked cupboard | 3600

CAARA Basil Pesto 210 gms

Sundried Tomato Pesto 210 gms

Candied Ginger, Rosemary,

Peach Jam 200 gms

CAARA Harissa 200 gms

Extra Virgin Olive Oil 500 ml

Balsamic Vinegar 500 ml

Maldon Salt 125 gms

Kalamata black olives 280 gms

Focaccia Crostini

Tuscan Larder | 3800

CAARA Basil Pesto 210 gms

CAARA Aglio E Olio 210 gms

CAARA Puttanesca Tomato Sauce 210 gms

Pimento stuffed queen olives 313 gms

CAARA Farm Herb Dressing 300 ml

La Molisana Fettuccini 500 gms

La Molisana Orrechiette 500 gms

Parmesan Reggiano 200 gms

MAKE YOUR OWN HAMPER

Choose from a selection of
CAARA pantry products and make your
own customized hamper